# visio task chair adjustment features & instructions

#### seat height adjustment



To raise the chair, lift the lever up while lifting your weight from the seat until you reach the desired level, then release to lock in place. To lower the chair, lift the lever up and allow your weight to push the seat down until you reach the desired level, then release to lock in place.



#### seat depth adjustment



To adjust the seat depth, push the lever down and simultaneously lift your weight from the seat while sliding the seat forward or backward. Release the lever to lock the seat in place.



### back tilt lock adjustment



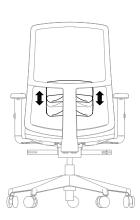
To adjust the angle of recline, pull the lever up to unlock the back and leave the chair in free flow mode. Recline to the desired position and push the lever down to lock the back in place.



### lumbar height adjustment



While sitting in the chair, put arms behind backrest to grab both sides of lumbar element and slide lumbar up or down to the desired position.



## arm height adjustment



To adjust arm height, press the button in the middle of arm rest to raise or lower it to the desired position. Release the button

